## **FREE Resources for Fuel Youth**

We have some great resources just for you! It's not always easy being a teenager but God has given us some great tools in His word to navigate through this wonderful adventure we call life! Take a look at our FREE resources that help navigate through certain areas in your life!

## **Feeling Depressed?**

**Depression Guide** 

Are You The Only One In Your Family That's Saved?

I'm The Only One Saved In My Family Guide

Feeling Suicidal?

**Overcoming Suicidal Thoughts** 

If you would like to discuss anything else email Pastor Robert at <a href="mailto:pastorrobert@ocillacog.com">pastorrobert@ocillacog.com</a>

